



Locala Continence Advisory Service

Referral Criteria

We are happy to take clinic referrals for advice on the management of the following problems:

- Long term bladder and/or bowel incontinence
- Bladder dysfunction such as urine urgency / urine frequency/ stress incontinence
- Bowel dysfunction such as chronic constipation, irritable bowel syndrome or other bowel conditions
- Vaginal prolapse with associated continence issues
- Pelvic floor dysfunction with associated continence issues
- 3rd or 4th degree tears of the perineum and continence problems associated with child birth
- Trial without catheter where the patient needs to be taught intermittent self-catheterisation (ISC)
- Urethral Stricture Therapy

We do not take referrals for the following:

- Individuals who are not registered with a Kirklees GP practice
- Individuals receiving nursing care within a registered care home
- Children under the age of 18 years old
- Individuals leaking blood, mucus or debris from the rectum or vagina
- Trial without catheters
- Catheterisation or catheter care
- Urodynamics
- Bladder instillations
- Lack of sensation during sexual intercourse
- Pre-operative assessment and or suitability for Intermittent catheterisation

We are happy to provide Health Care Professionals with telephone advice for the following:

- The management of long term urethral catheterisation and associated problems
- Interpreting post void bladder scan results
- Intermittent catheterisation programmes for the management of stricture therapy or incomplete bladder emptying
- Interpreting urine residual volumes following intermittent catheterisation
- The effective use of containment products

We are happy to provide individuals with telephone advice for the following:

- Intermittent catheterisation programmes for the management of stricture therapy or incomplete bladder emptying
- Interpreting urine residual volumes following intermittent catheterisation
- Purchasing continence products such as containment pads, bed protection and functional aids eg urinals and adapted clothing